# PROGRAM GUIDE

THE UNIVERSITY OF ARIZONA / HEALTHCARE PARTNERSHIP

Nicotine Dependence Treatment Continuing Education Programs

#### Dear Colleague:

Nationally, health and human service providers continue to seek ways to better inform their personnel and colleagues about evidence-based prevention and treatment of tobacco-nicotine addiction. Our commitment is to bring an end to the disease, disability and premature death as a result of longterm use of **nicotine products**. The HealthCare Partnership at The University of Arizona offers accredited evidence-based continuing education/certification programs in accordance with the 2008 Public Health Service Clinical Practice Guideline and the 2015 U.S. Preventive Services Task Force (USPSTF) tobacco cessation recommendation statement.

### Certification Guidebooks, Educational Tools and Enabling Resources



#### LEVEL ONE BASIC TOBACCO INTERVENTION SKILLS CERTIFICATION/CONTINUING EDUCATION COURSES

These accredited eight-hour continuing education/certification courses emphasize evidence-based brief interventions for the treatment of nicotine dependence. It provides Learners with the basis for understanding commercial tobacco dependence as a chronic condition. Each course is unique in how it addresses specific audiences such as Medical & Allied Professionals, Native Communities and Maternal & Child Health. A **Level One Basic** course is a *prerequisite* to the Treatment Specialist course.

Basic Tobacco Intervention Skills Certification for Medical & Allied Health Professionals



Basic Tobacco Intervention Skills Certification for Native Communities



Basic Tobacco Intervention Skills Certification for Maternal and Child Health





#### LEVEL ONE INSTRUCTOR CERTIFICATION/CONTINUING EDUCATION COURSE

These accredited eight-hour courses identify methods and techniques to teach the corresponding certification courses. Instructor candidates enhance their knowledge base with regard to addiction and nicotine products and practice teach the culturally adapted curricula. The intent of the train-the-trainer model is to promote system wide evidence-based tobacco dependence treatment as a standard of care. Certification candidates learn the logistics necessary to plan, promote and teach the course. **Prerequisite:** Successful completion of any Level One Basic Tobacco Intervention Skills Certification Course.

Basic Tobacco
Intervention Skills for
Medical and Allied
Health Professionals
INSTRUCTOR
Certification



Basic Tobacco Intervention Skills for Native Communities INSTRUCTOR Certification



Basic Tobacco Intervention Skills for Maternal and Child Health INSTRUCTOR Certification







## Learn, Teach, Practice and Establish Systems to Help People Abstain from Nicotine Products



LEVEL TWO COURSES TREATMENT SPECIALIST FOR NICOTINE DEPENDENCE CERTIFICATION/CONTINUING **EDUCATION** 

#### **Treatment Specialist for Nicotine Dependence ONLINE Certification**

www.aztreattobacco.org is an accredited continuing medical education online course. It follows a self-paced case study instructional design. The course provides an in-depth examination of the prevention, intervention and treatment of nicotine addiction. Treatment Specialist candidates explore the addictive nature of tobacco-nicotine products and the effectiveness of intensive interventions. It uses case studies to prompt reflection on varied intervention approaches.

#### **Treatment Specialist Certification for Nicotine Dependence**

This two-part program is targeted to individuals who provide intensive tobacco dependence treatment services.

Part I of the certification program is conducted online at www.aztreattobacco.org. Part II is a full day live practicum utilizing a small-group/case study instructional design. Prerequisite: Successful completion of one of the Basic Tobacco Intervention Skills Certification courses and successful completion of the Treatment Specialist Nicotine Dependence Certification Online course.





LEVEL TWO COURSE TREATMENT SPECIALIST FOR NICOTINE DEPENDENCE INSTRUCTOR CERTIFICATION/ **CONTINUING EDUCATION** 

#### Treatment Specialist for Nicotine Dependence INSTRUCTOR Certification

Certified individuals attend this eight-hour course to learn/practice the methods and techniques to teach the Treatment Specialist for Nicotine Dependence practicum. Prerequisite: Successful completion of one of the Basic Tobacco Intervention Skills Certification courses and completion of the Treatment Specialist for Nicotine Dependence Certification course.





LEVEL THREE COURSE INSTRUCTIONAL SPECIALIST CERTIFICATION/CONTINUING EDUCATION

#### **Instructional Specialist Certification**

The Nicotine Dependence Treatment Instructional Specialist course is designed for certified instructors and specialists who are interested in replicating the Nicotine Dependence Treatment Continuing Education program model. Certified Instructional Specialists are eligible to function as Master Facilitators. Prerequisite: Certification in Basic Skills & Basic Skills Instructor and/or certification in Treatment Specialist & Treatment Specialist Instructor.





LEVEL FOUR COURSE NICOTINE DEPENDENCE TREATMENT MASTER FACILITATOR CERTIFICATION

#### **Master Facilitator Instructors**

Master Facilitators have successfully completed a broad range of HealthCare Partnership courses and have instructed numerous courses, consistently demonstrating the professional skills, knowledge and training to provide/teach evidencebased interventions for nicotine addiction across a range of intensities. Prerequisites: Certification in Basic Skills & Basic Skills Instructor and/or certification in Treatment Specialist & Treatment Specialist Instructor, and Instructional Specialist. Experience in teaching more than 5 HealthCare Partnership courses. Evaluation results demonstrating high level of competency.

#### ANCILLARY MATERIALS/ENABLING RESOURCES



**Pharmacotherapy** Companion Guide



**Maternal & Child Health Companion Guide for Native** Women, Children & Families: The Breath of Life



**Native American Adapted** Flipchart: Breaking the Hook of Novel Nicotine/



**Demonstration Kit Tobacco Products**